

Engineer-in-Chief PWD, GNCTD <pwdhqdelhi@gmail.com>

Proposal for emotional wellness campaign (free workshop)

1 message

Wellness Gurukul <wellnessgurukul@gmail.com>
To: Pwdhqdelhi@gmail.com, prdirprojectspwddelhi@gmail.com

Mon, Aug 20, 2018 at 2:28 PM

Dear Sir/Madam,

Greetings!

We at **Wellness Gurukul** are specialized in conducting workshops on emotional wellness like stress management, outcome setting & relationship management.

It has been found through past researches and our own practical experiences that even though a person may look physically fit, not much can be said about his /her mental wellbeing .A lot of incidents have been reported where a person has taken extreme steps owing to emotional maladjustments.

In light of this with prime objective to create and spread emotional wellness, Wellness Gurukul is launching "Emotional Wellness Campaign". As a part of this campaign we are offering our signature "Emotional wellness and inner transformation workshop" worth INR 10,000 totally FREE.

This offer is valid only for the month of September with prior registrations. This 3 hour workshop will be absolutely free with all the practical tools, which we give in our paid workshops.

So, we request you to be a part of this, one of its kind, a unique campaign and contribute to this mission in creating and bringing emotional wellbeing.

What we expect from you:

Your permission for conducting the workshop at your premises

• 3 hrs. time

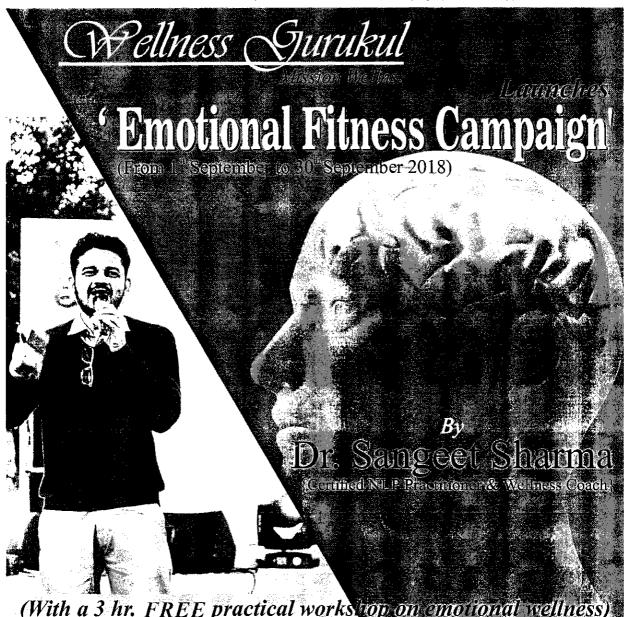
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(With a 3 hr. FREE practical works top on emotional wellness).

This FREE workshop on emotional fitness campaign will be held at your premises only.

For organization registration contact us

9891021094, 9871165187 www.drsangeetsharma.com wellnessgurukul@gmail.com

You can choose any date and slot from September 1st, 2018 to September 30th 2018 Prior registration necessary

Time duratio 3 hours

Achieve your Inner Wellness and Transformation

with the practical tools

3 hr, workshop with Dr. Sangeet Sharma

In this practical workshop you will learn:

- · How to handle stress in your personal and professional life
- How to improve your relationships
- How to enjoy new mind patterns of confidence
- How to enjoy new mind patterns of wellness

- · How to get rid of past painful memories
- How to make bright future timeline
- How to make better self-image
- · How to erase subconscious imprint of negativity
- How to build sub conscious imprint of wealth, health and happiness & much more

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- * Finding past issues and getting free from painful memories.
- * Taking your relationship to the next level.
- * Know why you have not achieved what you wanted and how to achieve that.
- * Healing your life's timeline (complete Inner Transformation).
- * Enhancing your personal and professional productivity.
- * Break your limiting beliefs.
- * Outcome design.
- * Protect yourself from getting hurt.

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Dr. Sangeet Sharma is a certified NLP master practitioner, a successful Life Coach, a Memory Trainer and Motivational Speaker, a renowned Counselor and a poet.

Dr. Sangeet has a plethora of experience and expertise to address and conduct sessions and a lot of clients have benefited out of his rich healing powers. He has been conducting workshops on subconscious reimprinting and memory mastery to address and resolve a number of mental and emotional issues so as to redirect and recharge the lives and to experience a state of complete mental wellbeing and success to his clients. He has been giving counseling to his clients for better adjustability and stress management.

He is specialized in conducting workshops on stress management, goal making, and relationship management for couple/ parents, team building, leadership, memory mastery and empowering people through his counseling.

Note- Prior Registration Necessary for this campaign